

# Outdoor of Lucca

[www.terredimare.org](http://www.terredimare.org)

# 2013

**Check list of activities: you can choose the Group-On (GO) or Self Guided (SF)**

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Terre di  
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Escursionismo ed avventura in itinerari unici per riscoprire la natura intorno a te



Activities	Group-On	GO Service info	Self Guided	SG Service info		SG	GO
Apuan Alps, visiting a Marble-quarry site and a craftsman of marble	€35,00 8 pax €60,00 4 pax	Transfer in 4x4, cave tour, insurance, guide service in English and Italian	€35,00	Road Book, Maps and Technical assistance, reservation and Information	T		
Canyoning or Caveing on the Apuan Alps	€95,00 8 pax €115 5 pax	cave tour, insurance, guide English and Italian speaker, Transfer in 4x4 equipment	-	-	EEA		
Cave tour on the Apuan Alps	€20,00 25 pax €25,00 15 pax €43,00 8 pax	Transfer in 4x4 max, cave tour, insurance, guide service in English and Italian	€43,00	Road Book and Maps reservation and Information	T		
Nordic Walking & Beach Walking	€25,00 8 pax €50,00 4 pax	Nordic Walking instructor , pools	€25,00	Road Book and Maps reservation and Information	Nw		
Candalla River and Grotta all'Onda	€35,00 8 pax €70,00 4 pax	Enviromental Guide service in English and Italian, Transfer in Land Rover	€35,00	Road Book and Maps reservation and Information	E		
Hiking Tour on the Apuan Alps	€35,00 8 pax €70,00 4 pax	Guide service in English and Italian, Transfer in Land Rover	€35,00	Road Book and Maps reservation and Information	E		
Monte Forato and Pruno (Mount holes)	€35,00 8 pax €70,00 4 pax	Guide service in English and Italian, Transfer in Land Rover	€35,00	Road Book and Maps reservation and Information	E		
One day the pasture on the Apuan Alps	€35,00 8 pax €70,00 4 pax	Guide service in English and Italian, Transfer in Land Rover	€35,00	Road Book and Maps reservation and Information	E		
Rio Malbacco	€20,00 8 pax €35,00 4 pax	Guide service in English and Italian, Transfer in Land Rover HD	€20,00	Road Book and Maps reservation and Information	T		
Termal Swimming pool and SPA	€45,00 40 pax €84,00 4 pax	Entry at the SPA all inclusive	€84,00	Road Book and Maps reservation and Information	T		
Lucca an Surrounding by Bike	€45,00 8 pax €90,00 4 pax	Guide service in English and Italian, Bike rent	€45,00	Road Book and Maps reservation and Information, Bike rent technical assistance	T		
Lucca/Pisa, by bike along the river Park	€55,00 8 pax €105,00 4 pax	Guide service in English and Italian, Bike rent technical assistance	€55,00	Road Book and Maps reservation and Information, Bike rent technical assistance	T		
Activities	Group-On	GO Service info	Self Guided	SG Service info		SG	GO

<b>Rafting</b>	€35 16 pax €65 8 pax €80 4 pax	<b>River Guide English speaker Rafting equipments, transfer (optional terme)</b>	-	-	T		
<b>MTBike experience</b>	€95,00 8 pax €120,00 4 pax	<b>Guide service in English and Italian, Bike rent technical assistance</b>	€65,00	<b>Road Book and Maps reservation and Information, Bike rent</b>	Mtb		
<b>Sailing &amp; Trekking on 5TERRE</b>	€265 8 pax €420 4 pax	<b>2 days Guide service in English and Italian, Skipper and Sailing Boat, Transfer</b>	-	-	T		
<b>BirdWatching on the Lake by traditiona boat</b>	€35,00 8 pax €70,00 4 pax	<b>Guide service in English and Italian, Boat rent , transfers</b>	€35,00	<b>Road Book and Maps reservation and Information, Bike rent, technical assistance</b>	T		
<b>Whale watching</b>	€100,00 8 pax €185,00 4 pax	<b>Marine Biologist, Guide service in English and Italian, Skipper and Sailing Boat</b>	-	-	T		
<b>Fishing vessel</b>	€125,00 10 pax €250,00 5 pax	<b>Boat trip and Fish meal</b>	-	-	T		
<b>Kayak in 5 Terre</b>	€45,00 8 pax €80,00 4 pax	<b>Guide service in English and Italian, Boat rent , transfer</b>	€45,00	<b>Road-book and Maps reservation and Information</b>	E		
<b>City brakes Pisa</b>	€25,00 25 pax €30,00 15 pax €35,00 8 pax €60,00 4 pax	<b>2 Transfers , Guide Tour of Pisa HD</b>	€35,00	<b>Road-book and Maps reservation and Information</b>	T		
<b>City brakes Lucca</b>	€20,00 25 pax €25,00 15 pax €35,00 8 pax	<b>2 Transfers, Guide Tour of Lucca HD</b>	€35,00	<b>Road-book and Maps reservation and Information</b>	T		
<b>City brakes Florence</b>	€45,00 8 pax € 90,00 4 pax	<b>2 Transfers, Guide Tour of Florence HD</b>	€45,00	<b>Road-book and Maps reservation and Information</b>	T		
<b>City brakes Pietrasanta</b>	€20,00 25 pax €25,00 15 pax €35,00 8 pax	<b>2 Transfers, Guide Tour of Pietrasanta HD</b>	€35,00	<b>Road-book and Maps reservation and Information</b>	T		

To subscribe to a list of activities you must check the box corresponding to the selected activities: Group-On GO or Self Guided SF

## THE PACKAGES WILL BE ACCOMPANIED BY AN ENVIRONMENTAL GUIDE

### Legend of the scale of difficulty

<b>FOR ALL:</b> path to walk or bike absent or short does not constitute any problem.	<b>T (tourist):</b> routes by road, path or trail clear and well marked; altitude is above 1000 meters, requires elementary equipment trip.
<b>Mtb - TC:</b> path on dirt roads from the bottom and compact sliding.	<b>NW:</b> routes by road, path or trail clear and well marked; altitude is above 1000 meters, requires elementary Nordic Walking equipment and knowledge.
<b>E (hiking):</b> routes that can take up to easy rock climbing, with exposure problems, snow and in general, the crossing of impervious areas, require proper safety equipment.	<b>Mtb-MC:</b> a little grime roads uneven, irregular or sliding paths.
<b>EE (hikers):</b> routes that can take up to easy rock climbing, with exposure problems, snow and in general, the crossing of impervious areas, require proper safety equipment.	<b>Mtb - BC:</b> uneven dirt, mule tracks and footpaths uneven, with obstacles.
<b>EEA (hikers equipped):</b> ferrate routes on alpine routes or, where the frequency of equipment, the physical effort required and the high exposure necessitate the use of equipment for safety and any mutual insurance.	<b>Mtb: OC:</b> very uneven trails with significant presence of obstacles.

**NOTE** - The rates shown are inclusive guide of withholding Tax 20% of the guide companion who provides the service. The HD Guides are for a duration of 1 to 3 hours, after this time has to be arranged for an extra fee package. If the group delay is required to notify. Contrary, the guide will wait for 1 hour and will still be charged the basic service rate. The termination of service will already be booked at least 48 hours before your set. Otherwise it will still be billed for the amount corresponding to the basic service. In the case of invoicing foreign bank charges will be charged also. Full Day means that the service begins and ends before 12 after 12 pm Half Day means that the service takes place entirely before 12 or after 12 and in respect of tourist guides never more than 3 hours

Except for the self guides

The above services depart at scheduled times and places agreed, it's specify the tour-leader or the guide from start to finish, and packed lunches are excluded, are excluded from the service, tickets price and any accompanying person, including guide service, which are not specify.

Extra night € 40.00

### Required:

- Show the coupon that entitles the service.
- Be at starting places on time wearing the shoes, clothing, and equipment required and appropriate for the tour.
- Read and understand the regulations.
- Persons are responsible for carrying their own equipment in a backpack – including a packed lunch (if required), water bottle, emergency clothing, and any other item deemed necessary. It is strictly prohibited to leave waste of any kind, damage flowers or plants, harass animals, remove rocks or cause any damage or annoyance to other persons, animals, or things passed in crossing. The guide may change the tour, at his own discretion. Changes may also be made according to environmental conditions and the preparedness of the tourists. The guide can also cancel the trip completely. The guide may not, in any case, ensure a perfect tour. You can use your coupon for any other time

**Participants MUST OBSERVE THE ADVICE OF THE GUIDE**